



# Cleveland Wheelers Cycling Club



proudly presents

## “The Blakey Ridge Race”

### 25 Mile Time Trial (T256)

### Sunday 25<sup>th</sup> April 2021

Promoted for and on behalf of Cycling Time Trials under their rules and regulations



#### *Event Secretary*

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#### *Timekeepers*

Bill Millen

Shaun Joughin

#### *Arriving at the Event*

##### **Parking**

Parking is available on the gravelled area on Birk Field Road. This is signposted 'Westerdale 1 ¾' from the junction with High Street. Do not take the road signposted 'Westerdale 2'! Please park in the open gravelled area approx. 200m up the road and if this becomes full then please use the northern side of the road (right side approaching) this area from Castleton. Please do not park on both sides of the road as it is quite narrow.

##### **Event HQ**

The local village halls are not available for bookings until May this year therefore the event HQ will be a makeshift affair in the Birk Field Road car park using a white VW van and an awning with tables. This is where sign on and number collection and return will be stationed.

Please maintain social distancing in the car park area and wear a face covering when around the Event HQ and the Toilets

##### **Toilets**

There are public toilets facilities available in Castleton village at the junction of the High Street and Station Road (marked on map below). These are within walking distance (10mins) of the parking and is also on the way to the start from the HQ / car park. There is only one male and one female facility

so please do not use the toilets for changing. Additional 'supplies' will be provided in the toilets and please be respectful to your fellow competitors! Please do not park outside the toilets as this is a congested location. Marshals will be present on the junction.



Having Trouble with locations? - What3Words can help!

Parking : <b>necklaces.tunes.gives</b>	Magic Mile : <b>lends.carriage.reply</b>
Toilets : <b>puffed.dumps.perplexed</b>	Turn : <b>chainsaw.friend.fault</b>
Start : <b>fellow.just.tiredness</b>	Finish : <b>marine.replying.tooth</b>

No vehicles, except those of the timekeeper(s) and other event officials, shall be parked in the vicinity of the start and finish points. There is a sufficient parking at the event HQ. Please do not park in Castleton village.

**Warming Up** - No U-turns within sight of the start line. The road between the start and Danby provides plenty of opportunities for warming up. There are also a number of hills from the junction of Birk Hall Lane and the Blakey Road. Please do not use turbo trainers within 100m of inhabited properties.

**Race Numbers and signing on sheet** will be at the event HQ. When signing on, if applicable, please tick the required column to indicate that you are to compete on a road bike. Please pin numbers on as low as possible to assist timekeepers and number catchers in identifying you. If you could shout your number as you pass the Castleton cattlegrid it would be much appreciated.

## Course details - 'Probably the most scenic time trial course in the UK'

**Start** - Please note that the start of the course is about a mile downhill from the event HQ by proceeding through the village, past the toilets towards Danby. Please take care when descending through the village. The first rider starts at 9:07 am

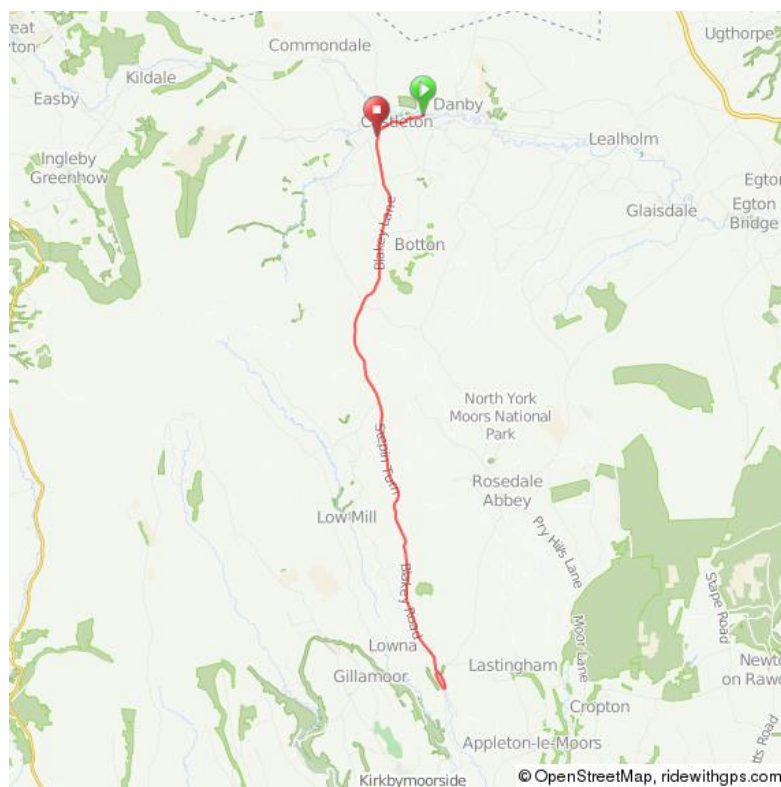
Please don't join the queue at the start for any longer than 6 minutes before your start time and respect social distancing. The start marshal will be able to give you information as to current line-up and how long you have to go before your start.

There will be no pusher-off so all riders must start with one foot on the ground. Track stands and rolling starts are not permitted.

If you are riding in the road bike category the start marshal will check your machine.

You must have a working rear light to start in the event. Please don't forget this!

**T256** - Start on the Danby - Castleton road (not via Ainthorpe) at gateway approx 100 yards west of bridge over river Esk. Proceed through Castleton village (M), passing over cattle grid (1 mile) over Blakey Ridge to Hutton-le-Hole. Proceed to southern end of village, Turn right (M) with care and proceed through Hutton-le-Hole village on the western side of the beck on minor road (limited access to motor vehicles) to rejoin the Hutton-le-Hole to Castleton road (M) to return back over Blakey Ridge. Finish approx 50m north the cattle grid on the southern side of Castleton village at the road sign indicating 'right hand bend'.



### The Magic Mile

From the start near the River Esk the road climbs through the village of Castleton and over the cattle grid. At the cattle grid is the end of the 'magic mile'. This is also opposite the finish of the 25. It is marked in orange on the course profile below.

This adds a bit of a twist to the event. The first mile of the 25 is effectively a timed hill climb!

Go as hard as you like on this section, there are prizes, there is glory, but remember you must complete the full 25 mile course to be eligible for the magic mile awards.

**Course Profile** (Total climbing = 2145 ft , Total Descent = 1858 ft )



**High Point** - Ralph's Cross is the highest point on the course at 1372 ft and according to legend, the cross was set up to mark the resting place of a monk from Farndale and a nun from Rosedale. They would often meet here and a romantic liaison of sorts occurred, but they were found out by their superiors and

came to a nasty end, possibly with their deaths. But the most common folk-tale tells us that a farmer called Ralph from Danby found the dead body of a traveller at this spot. He was so moved by this that he decided to erect a cross in memory of this poor unfortunate traveller, who had starved to death and was found to be penniless. Ralph had a hollow carved into the top of the cross so that more wealthy travellers, those on horseback, might place a few coins for the benefit of any less fortunate travellers, or as a thanksgiving for having reached this point on their journey. The poor traveller was able to take a coin, if he/she could reach the hollow, and buy a hot meal at the nearest inn. Ralph then vowed that such a terrible thing would never ever happen again, and it seems to have worked, thanks to him.

### ***Don't forget to look around. You can see four different 'dales'!***

On the way to the turn on the right as you approach Ralphs cross you have Westerdale and on the left and Danby Dale with the 'Botton Up' climb joining the ridge from deep below in the valley. Once you pass Ralphs cross you can see Rosedale to the left which is home of the infamous 1 in 3 'Chimney Bank'. Continuing on, past the Lion Inn, on the right is the steep drop down Blakey Bank into Farndale. These climbs are all a bit tougher than those on the course so it is best to keep on a straight track down to the turn. On the way back the views have changed yet again. Enjoy!

### ***What happens when the race is finished?***

**Return your number** - Please return your race number to the box at the event HQ.

**Results and Prize Presentation** – Due to COVID restrictions there will not be a prize presentation following the event but results will be made available through the event FB page and via email to participants.

<https://www.facebook.com/ridgerace>

Given current restrictions we can cater for 'takeaway style' refreshments so if you would like a warm drink at the finish then please bring a reusable cup with you and we will do our best to fill it and supply you with homemade cake.

If there are any queries with times etc please let us know before end of day Tuesday 27<sup>th</sup> April when full results will be posted on the CTT website.

Prizes will be posted to participants or if nominated (please let the organiser know) prizes can be donated to the nominated local charity which the Cleveland Wheelers support. Recent ones include Great North Air Ambulance, Stockton MIND, Bowel Cancer UK.

## **Attention!!**

**Parked Cars** - Please take care when passing stationary / parked cars in the villages of Castleton and Hutton-le-Hole.

**Speed Limits** - In the two villages which you pass through there are speed limits. These limits should not be an issue for the first mile through Castleton but when approaching the turn in Hutton-le-Hole please be aware of this and be particularly conscious of other road users. Just after the finish, when descending through Castleton you will still be carrying quite some speed from the final few miles of downhill, and will be quite tired. The Magic Mile is NOT being timed the other way around so after the finish please slow down and navigate through the village with caution!



**Sheep** – Cute as they are, these beasts should be treated with utmost respect when travelling by bicycle over the moorland roads. They have a blatant disregard for theirs, and your safety and see no reason not to amble over a road in front of a moving vehicle. Especially quick movements can be the result of mother and baby trying to get quickly reunited. There may even be some sheep roaming in the villages below the level of the cattle grids.

**Road Surface** - It is generally in good condition for a moorland B-road but there are a few holes and gravel in places. Please also look to the road ahead for as well as glancing around at the beautiful scenery along the ridge.

**Tight Bend at Turn** - There is a tight right turn at the southern end of the Hutton-le-Hole. It would be a real test for the pros to get around without braking so please treat it with respect. Please be aware of your speed on the approach and do not take any risks here to save a couple of seconds. This turn is signposted and marshals will be present.

**Restricted Access Road** - Please note that the lane up the western side of the beck in Hutton-le-Hole is a restricted access road for motor vehicles for local access only. Any following vehicles should not drive around this road but should find a suitable turnaround spot elsewhere in the village. The lane is two way traffic and is quite narrow in places. Please take care. Generally, the local community are used to very light traffic and may not be expecting to encounter cyclists at speed on this particular road.

**Cattle Grids** – There are 2 cattle grids on the course which will each be crossed twice. These can be slippery especially if the road is wet therefore please try to cross them in a seated position.

**Foul weather** - Due to the exposed nature and altitude the weather can change quite rapidly on Blakey Ridge. In the event of weather leading to low visibility the event may be cancelled or postponed.

**Helmets** - In the interest of your own safety, CYCLING TIMETRIALS, and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In Accordance with Regulation 15 ALL Junior and Juvenile competitors must wear Protective Hard Shell Helmets

**Rear Lighting** - A working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

**Social Distancing** - You must follow government social distancing rules at all times. Please do not congregate in large groups before or after the event (or groups of any size during the race!)

With all this being said, this is a very fast course (in places). The aim to keep everybody safe, have a fine day out in the countryside and a fun event.

## ***Course Records***

### **Solo Male**

1:01:46

Jonathan Wears

31-Jul-16 | Cleveland Wheelers CC (Hilly)

### **Solo Female**

1:12:01

Anna Turvey

28-Apr-19 | Cleveland Wheelers CC (Hilly)

### **Solo Male (Junior)**

1:16:50

Euan Sanderson

28-Apr-19 | Cleveland Wheelers CC (Hilly)

## Prizes

There are essentially four events in one and prizes will be awarded in the village hall after the event.

- 1. Overall Fastest Rider** awards will be given to riders who clock the fastest overall times for the full 25 miles course.

<b>TT Bike</b>	<b>Male</b>	<b>Female</b>
1 <sup>st</sup>	30	30
2 <sup>nd</sup>	20	20
3 <sup>rd</sup>	10	10

<b>Road Bike</b>	<b>Male</b>	<b>Female</b>
1 <sup>st</sup>	30	30
2 <sup>nd</sup>	20	20
3 <sup>rd</sup>	10	10

Vet 40-49	20
Vet 50+	20
Junior	20
Juvenile	20

- 2. Magic Mile.** From the event start to the cattle grid above Castleton village is exactly one mile. The intermediate split for this first magic mile will be recorded and prizes awarded accordingly. To be eligible to qualify for a time on this part of the course riders must complete the full course. Busting a gut and posting a cracking time for a mile and then being back at HQ supping tea and cake before the others have finished is just not cricket! Riders must get round the full 25 miles and register a finish time to be eligible for the magic mile competition.

<b>Magic Mile</b>	<b>Male</b>	<b>Female</b>
1 <sup>st</sup>	30	30
2 <sup>nd</sup>	20	20
Junior	10	
Juvenile	10	

- 3. Ridge Race Trophy** will be awarded to the rider with the lowest number of points accumulated from the relative positions in the respective magic mile and the split for the final 24 miles. In the event of equal number of points then the rider with fastest overall time will be declared the winner. The winner will retain the trophy for a period of one year.

## ***Road Bike Definition***

### The Rider:

1. No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.
2. Use of skinsuits is permitted
3. No riding with elbows or forearms on the handlebars. If witnessed, the competitor will be disqualified.

### The Machine:

1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.
2. No time trial style or triathlon forward extension bars with or without elbow pads will be present.
3. Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.

### Please bring with you:

- A pen for signing on.
- A working rear light.
- A cup if you'd like a hot drink after the event.



## *Riders and Start Times*

<b>Num</b>	<b>Start</b>	<b>Name</b>	<b>Club</b>	<b>Gender</b>	<b>Age</b>
7	09:07	Kate Sanderson	Cleveland Wheelers CC	Female	53
8	09:08	Zara Noble	Whitby Whs	Female	29
9	09:09	Emma Matthews	Sowerby Sunday Club	Female	23
10	09:10	Lauren Watson	Team Boompods	Female	26
11	09:11	Megan Anderson	York Cycleworks	Female	28
12	09:12	Hannah Farran	Team Boompods	Female	27
13	09:13	Sarah Cramoysan	Richmond CC	Female	52
14	09:14	Nicola Kent	Whitby Whs	Female	50
15	09:15	Ellen McDermott	Team Boompods	Female	32
16	09:16	Louise Hamilton	The Bike Rack CC	Female	50
17	09:17	Juliet May	Velo Club Venta	Female	27
18	09:18	Jan Scotchford	North Lancashire Road Club	Female	54
19	09:19	Abi Smith	Team Breeze	Female	19
20	09:20	Steven Parsonage	Richardsons-Trek RT	Male	25
21	09:21	Adam Pinder	PM Racing UK	Male	22
22	09:22	Shaun O'Shea	Cleveland Wheelers CC	Male	47
23	09:23	Richard King	MTS Cycle Sport	Male	43
24	09:24	Lewis Buckworth	Fietsen Tempo	Male	17
25	09:25	Paul Felce	Velo Culture	Male	49
26	09:26	James Meadows	Cleveland Wheelers CC	Male	32
27	09:27	Peter Greenan	Ferryhill Whs	Male	53
28	09:28	Adam Brooks	Manilla Cycling	Male	36
29	09:29	Philip Harvey	Cleveland Wheelers CC	Male	40
30	09:30	Ross Turner	Fietsen Tempo	Male	20
31	09:31	Paul Fountain	Hartlepool CC	Male	57
32	09:32	Danny Short	Vector Racing	Male	34
33	09:33	Mark Summerson	Ilkley CC	Male	48
34	09:34	Shaun Lawson	Clifton CC York	Male	31
35	09:35	Richard Lilleker	Cleveland Wheelers CC	Male	33
36	09:36	Danny Hedley	Royal Air Force Cycling Association	Male	22
37	09:37	Ian Anderson	York Cycleworks	Male	50
38	09:38	Mike Jefferies	Cleveland Wheelers CC	Male	38
39	09:39	David Kent	Whitby Whs	Male	51
40	09:40	William Brown	Ribble Weldtite Pro Cycling	Male	28
41	09:41	Sam Leng	AIMS Cycling	Male	30
42	09:42	Chris Lawrence	Cleveland Wheelers CC	Male	38
43	09:43	Andy Cunningham	Ilkley CC	Male	32
44	09:44	Leo Scrimshaw	Whitby Whs	Male	16
45	09:45	Paul Dawson	VTTA (North)	Male	60
46	09:46	John Quimby	Coalville Whs	Male	70
47	09:47	Dougan Collins	MTS Cycle Sport	Male	55
48	09:48	John Main	Cleveland Wheelers CC	Male	64
49	09:49	Simon Robinson	Fietsen Tempo	Male	33
50	09:50	Rob Carter	Cleveland Wheelers CC	Male	46
51	09:51	Robert Noble	Cycleways	Male	44

52	09:52	Daniel Thompson	Cleveland Wheelers CC	Male	13
53	09:53	Scott Wilson	Manilla Cycling	Male	33
54	09:54	Daniel Smith	TS Racing - OTR	Male	41
55	09:55	Richard Jones	Ribble Weldtite Pro Cycling	Male	28
56	09:56	Gareth Tupling	Harworth and District Cycling Club	Male	40
57	09:57	Ian Thompson	Cleveland Wheelers CC	Male	55
58	09:58	Ben Etherington	Manilla Cycling	Male	16
59	09:59	John Russell	Team Bikestop Tyrekey	Male	17
60	10:00	Marcel Schubert	Darlington Cycling Club	Male	39
61	10:01	Andrew Marr	Whitby Whs	Male	51
62	10:02	Peter Gunn	Cleveland Wheelers CC	Male	47
63	10:03	Mark Robinson	Hull Thursday RC	Male	65
64	10:04	Lawrie Dryden	Cleveland Wheelers CC	Male	15
65	10:05	Steven Guymer	Squadra RT	Male	32
66	10:06	Jonathan Robinson	Army Cycling	Male	50
67	10:07	Billy Robinson	CYCLING SHEFFIELD	Male	23
68	10:08	Phil Hurst	Velo Club Venta	Male	30
69	10:09	Jonathan Greenwell	Ilkley CC	Male	45
70	10:10	Joe Wilson	Ribble Weldtite Pro Cycling	Male	20